

# PRESS RELEASE



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**FOR IMMEDIATE RELEASE**

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## **Evidence-based Treatment Foster Care Oregon addresses severe emotional and behavioral disorders in at-risk youth with impressive outcomes**

Eugene, Oregon – Treatment Foster Care Oregon (TFCO) is an evidence-based model that offers foster home treatment care to children and youth with severe emotional and behavioral disorders. With a strong focus on evidence-based interventions, the effectiveness of government and philanthropic spending can successfully address violence, drug abuse, educational failure, poverty, and other critical problems.

Multiple valid scientific studies confirm a number of positive results. John Aarons, president of Treatment Foster Care Consultants, Inc. says, “Randomized trials have confirmed that TFCO is effective in lowering youth criminal behavior and incarceration rates, youth violent offending, youth behavioral and mental health problems, running away from home, teen pregnancy rates, placement recidivism, and successfully contributes to foster parent retention and satisfaction.”

TFCO was developed as an alternative to institutional, residential, and group care placements. This evidenced-based model provides treatment to a youth within a TFCO treatment foster home for approximately nine months. TFCO foster parents receive initial and ongoing training, participate in daily monitoring, weekly therapeutic group support, and in-the-moment coaching. Youth in TFCO receive weekly therapeutic support to navigate the program, practice problem-solving and coping skills, and learn other skills individualized for their particular needs. Families participate in weekly services, which focus on coaching through key techniques to support effectiveness with their youth. The TFCO model offers 24/7 support to foster families, allowing for quick and effective responses to difficult situations and behaviors.

The TFCO model is tailored to the unique developmental needs of children across ages. TFCO for Preschoolers (TFCO-P) serves children aged 3-6, TFCO for middle Childhood (TFCO-C) serves children 7-11, and TFCO for Adolescents (TFCO-A) serves youth from the ages of 12-17. TFCO was formerly known as Multidimensional Treatment Foster Care.

Evidence-based TFCO is currently being implemented in nine countries with over 30 teams. Please contact John Aarons, president of TFC Consultants, Inc. (541) 343-2388 for more information.

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